

## How do I access the services at the Hanover Family Health Team?

Educational group programs or seminars offered by the HFHT are open to all members of the public.

Please call in advance to register.

To utilize an individual service you must have a family physician in Hanover. You can request through your physician to see one of our health care professionals or you can simply self-refer by personally calling to schedule an appointment.

**All HFHT programs and services are free.**

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[www.facebook.com/hanoverfht](http://www.facebook.com/hanoverfht)

**Visit Our Website**

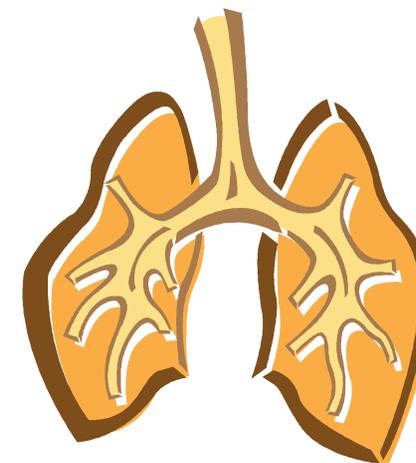
[www.hanoverfht.ca](http://www.hanoverfht.ca)



*Hanover*

**Family Health Team**

## Lung Health



90 7th Avenue

The Hanover and District Hospital  
2nd Floor

Hanover, ON N4N 1N1

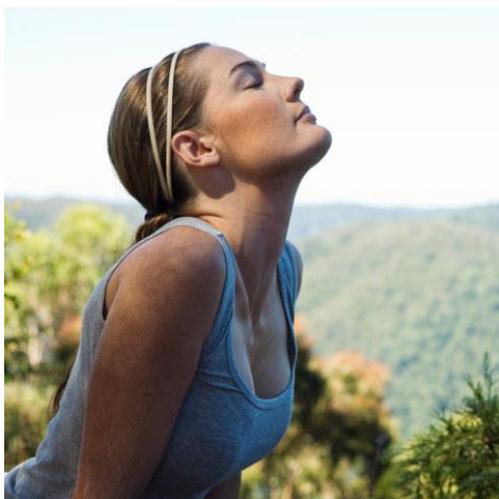
Tel: 519-506-HFHT (4348)

Toll Free Tel: 1-855-677-4348

Fax: 519-506-4351

**Monday to Friday  
8:30AM-4:30PM**

To register for the Lung Health Program, please contact the Hanover Family Health Team at 519-506-4348.



The Lung Health Program is delivered by our Nurse Practitioner, Pharmacist/ CRE, and Registered Nurse/CRE and serves rostered patients with:

- Asthma
- COPD (Chronic Obstructive Lung Disease)
- Chronic Lung Infections
- Past or Present Use of Inhalers
- History of Cigarette Smoking

**The Lung Health Clinic is held every Wednesday morning by appointment only.**

Our specialized service is designed to assess, treat and help each patient reach and maintain their optimal lung health.

**There is no cost to participate in the program.**

### **What can I expect from participating in this program?**

The first step is to book a Spirometry Test (Lung Function Test) to assess your respiratory issues.

Spirometry is required for the diagnosis of asthma and chronic obstructive pulmonary disease (COPD), or to ensure that your prescribed medications and inhalers are effective.

A spirometer is an instrument for measuring the air entering and leaving the lungs.

The Lung Health Team then formulates a care plan based on the results.



**If you are experiencing issues with your breathing, please speak with your Family Physician or call the Hanover Family Health Team to book your appointment.**